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## Highlights

Annapurna base camp short trek is a fantastic trek which considered one of the best short trekking in the Annapurna region. It is designed for those travelers who wish to explore the Annapurna massif in a limited time, offer an equally encircle views of Mount Annapurna I, Machhapuchare, Annapurna South, Gangapurna, and many other superb snowcapped Mountain. Main highlights of this trek are as below

- ❖ Fantastic view of Machhapuchhure base camp
- ❖ Enjoy lush rhododendron and oak forests.
- ❖ Discover the typical Gurung villages in Landruk and Chhomrung.
- ❖ Excellent views of Mount Annapurna South and Mount Fishtail
- ❖ In Jhinu, you can enjoy a natural hot spring bath.

## Introduction

The short trek to Mount Annapurna Base Camp is a fantastic option for those who want to do this great trek without walking too fast or too slow. It takes only 12 day round trip from Kathmandu to Kathmandu. Our itinerary is designed to take you to the heart of the Annapurna Sanctuary and offer great views of the Dhaulagiri Mountains and Annapurna Range. The route is the shortest, allowing you to explore everything as quickly as possible. The landscapes you can see these days are breathtaking, getting panoramic views of peaks like Annapurna, Dhaulagiri, Himchuli, Manaslu, and Machhapuchhre as you pass through beautiful rhododendron, Bamboo, and oak forests with some settlements in between.

One of the most memorable places during this trek is a hot spring called Jhinu, where you can dive and relieve your tiredness. The steaming water feels particularly good for sore muscles. The Annapurna region is also home to various

species of birds and animals and is covered by alpine forest. Reaching Annapurna Base Camp is a beautiful experience, and the trail will always amaze you.

This hike not only offers the beauty of nature and the excitement of trekking but is also a great way to explore the unique culture, tradition, and way of life of the Magar and Gurung people living in this region. We've adapted this package so you don't miss any of these or other attractive things you'd get from a regular trek during the Annapurna Base Camp because you will save as much time as possible for other activities in Nepal.

### **DAY 1: Arrival Day in Kathmandu.**

Upon arrival at Tribhuvan International Airport, a representative from our office will pick you up and take you to your hotel. You can rest in the afternoon or visit our office if you have any questions or concerns. We can also assist you with your last-minute shopping and trekking arrangements. Overnight stay at Hotel in Kathmandu

Meals included: none

### **Day 02: full-day guided sightseeing tour of the Kathmandu valley.**

You will have breakfast at the hotel and depart to visit the Kathmandu Valley. Our private Air-condition vehicle will pick you up from your hotel. You will visit some of the UNESCO World Heritage cultural sites around Kathmandu valley. Apart from that, you will visit many places of historical and cultural importance. Starting at Swayambhunath Stupa, explore Patan Durbar Square, Boudhanath Stupa, Pashupatinath Temple, and Kathmandu Durbar Square. Our professional guides will guide you everywhere. You can stroll the streets of Thamel and go shopping for your trip. Overnight stay at hotel in Kathmandu

### **DAY 3: Scenic flight from Kathmandu to Pokhara and trek to Ghandruk. 5-6 hours on foot**

With an early flight to Pokhara, one of the most beautiful places in Nepal, drive to NayaPul and start your trek from Birethanti. You walk towards Ghandruk (1940m), a beautiful town where the welcoming Gurung community mainly lives.

If time permits, you can stroll through the charming village. You will stay at the Lodge in Ghandruk.

Meals included: Breakfast, lunch, and dinner.

#### **DAY 4: Trek Ghandruk to Chhomrong. 5-6 hours on foot**

You will start your today's trip by ascending towards Kimrungdanda, enjoying the superb view of Annapurna South, Hiunchuli, Fishtail (Machhapuchhre) and Ganggapurna. You go down to Kimrong Khola and climb Chere Danda abruptly. So your last day's goal, Chhomrong, is just a gentle hike. Chhomrong is also known for its friendly surroundings and its beauty found in the lap of the Mount Annapurna. You will stay at the Lodge in Chhomrong

Meals included: Breakfast, lunch, and dinner.

#### **DAY 5: Trek chhomrong to Bamboo. 4-5 hours on foot**

Stepping down, 2500 stone steps, cross the bridge over Chhomrong Khola. Walk uphill to Sinuwa and walk through a beautiful forest to Kuldihar to reach our destination, the bamboo village, to spend the day with an easy descent. You will stay at the Lodge in Bamboo

Meals included: Breakfast, lunch, and dinner.

#### **DAY 6: Trek from Bamboo to Deurali. 3-4 hours on foot**

After breakfast, you start the day by walking through the cold, wet bamboo forest and then steadily climb with some steep sections. Getting to the Himalaya Hotel is our goal. You are approaching the tree line. As the sun's rays penetrate the dense forest, you can enjoy the incredible view of the glacial river below. A steep climb through a drier forest will take you to Hinku Cave. Then a short descent and a steep slope will bring you closer to your daily target, Deurali. It is a place of scenic beauty that offers us the magical view of the valley, the river below and the cliffs above with bands of thin waterfalls. You will stay at the Lodge in Deurali

Meals included: Breakfast, lunch, and dinner.

### **DAY 7: Trek from Deurali to Annapurna base camp. 5-6 hours on foot**

After breakfast, you will gently climb up through a river bed; you will reach Bagar on a steep path on the side of the mountain. At some point, one of the most strenuous hikes will challenge you. Walk to the Machhapuchhre base camp. Upon arrival at Machhapuchhre base camp, you will get a majestic view of the mountain such as Mount Hiunchuli, Mt. Annapurna South, Annapurna I, Annapurna III, Gangapurna and Gandharvachuli. It is considered one of the most rewarding experiences of the trek. The forest and vegetation slowly disappear as you walk towards ABC, and the path widens as you enter the Annapurna Sanctuary. When you get to base camp, you get a dynamic view of different peaks and a heavenly feeling during sunset. You will stay at the Lodge.

Meals included: Breakfast, lunch, and dinner.

### **DAY 8: - Return to Bamboo. 7-8 hours on foot**

From Annapurna base camp, you will return to Bamboo. Since the hike is mostly downhill, you have more energy to appreciate the scenery. You spend the night in the bamboo village. You will stay at the Lodge in Bamboo.

Meals included: Breakfast, lunch, and dinner.

### **DAY 9: Trek from Bamboo to Jhinu. : 5-6 hours on foot**

If you walk uphill towards Kuldighar, followed by a descent path to Chhomrong Khola, you will find the stone steps towards Chhomrong. The way then leads to Jhinu Danda, where you will rest for the night. Tonight, you have a unique opportunity to enjoy the hot springs running downhill from Jhinu Danda for 15-20 minutes to soothe your sore muscles. You will stay at the Lodge in Jhinu.

Meals included: Breakfast, lunch, and dinner.

### **DAY 10: Trek back from Jhinu to Nayapul and drive to Pokhara.**

On the last day of the trek, you can enjoy the greenery and stunning mountainous landscape of western Nepal. Your trek ends at Naya Pul when you board the vehicle back to Pokhara. You will stay at a three-star hotel in Pokhara.

Meals included: breakfast.

### **DAY 11 Flight back to Kathmandu.**

Before leaving for Kathmandu, You will visit some exciting places in Pokhara. After the flight to Kathmandu, after reaching Kathmandu, you have time or visit some places like Thamel, which is particularly popular among international tourists. You will stay at the three-star hotel in Kathmandu.

Meals included: breakfast.

### **DAY 12: Final departure.**

Your trip to Annapurna Base Camp ends today. A representative will drop you off at the airport approximately 3 hours before your scheduled flight on a private vehicle.

Meals included: breakfast.

### **What is included in Package?**

- ❖ All ground transfers in a private Deluxe A/C vehicle.
- ❖ Three-star Hotel accommodation in Kathmandu and Pokhara on breakfast Basis.
- ❖ All tea house accommodations and standard meals during the trek
- ❖ Certified English-speaking trekking guide
- ❖ The required number of employees and shippers
- ❖ Food, accommodation, salary, insurance, equipment for all employees.
- ❖ Annapurna Conservation Area Permits and TIMS rate for trekking
- ❖ jacket and sleeping bag (to be returned after the trip finish)
- ❖ Air ticket from Kathmandu and Pokhara
- ❖ Hara Pokhara: Nayapul Pokhara's private vehicle.
- ❖ All state taxes, VAT, tourism fees
- ❖ All the necessary insurance for guides and porters.
- ❖ First-aid service for minor injuries.

### **What is not included in the Package?**

- ❖ Meals other than breakfast in Kathmandu and Pokhara
- ❖ travel insurance
- ❖ International flight and departure tax
- ❖ Nepal entry visa
- ❖ Hot and cold alcoholic beverages.
- ❖ Tips for trekking staff and drivers

### **Food and lodging.**

The food and accommodation during this trek are simple, as the areas that fall on the trekking route are far from modern. You will stay in tea houses that offer clean and straightforward services. Heaters can only be found in dining rooms, and dishes such as pasta, pasta, Dal Bhat, potatoes, vegetables, cereals, eggs, rice, soup, etc. are served. Depending on the season, you can get single, double, triple, or even private rooms that are shared with more people. During your stay in Kathmandu and Pokhara, you will stay in a 3-star hotel that offers breakfast. Lunch and dinner are not included in the city.

### **Trekking guide (s) and other staff arrangements**

The most important thing that makes this trip enjoyable and unforgettable is the experienced, polite, and helpful guides and crew who can make your days on the mountain go smoothly. The best and most professional leaders lead your trip. All employees are carefully selected based on their experience, leadership skills, and personal skills. To preserve local communities, we only employ local people who have sufficient knowledge of the culture, ecosystem, flora, fauna, geography, and history of their local regions.

### **Travel insurance**

Travel insurance for each itinerary of our company is a prerequisite for booking vacations. At a minimum, you must have emergency and repatriation insurance that must include the cost of the mountain rescue. Please read the terms and conditions of your insurers carefully, especially make sure that the following are

covered: 1) activity (i.e., tourism, trekking or mountaineering) 2) maximum altitude reached on trekking 3) evacuation of the helicopter in an emergency. You must understand the costs of the evacuation and return procedures are your responsibility. Also, it is your responsibility to bear all expenses related to evacuations or medical treatment. You must be fully aware of the effects of your travel insurance and understand the limitations and exclusions of your policy. Please note that our company guide may, under certain circumstances, initiate helicopter rescue (or other necessary) operations in medical emergencies without first contracting and approval from your insurance company.

### **Physical fitness and experience requirements**

The Annapurna Base Camp Trek is appropriate for loving hikers who can walk 5-6 hours a day with a small backpack. The hike is relatively easy for those who are used to running at higher altitudes. We kindly ask you to jog and exercise regularly at least a few months before the start of your trip. Previous hiking experiences would be a bonus, but no technical knowledge is required for this trip. It is also essential to check with your doctor before booking the trek. If you have the following diseases related to heart, lung, and blood, then you must inform us before booking the trek.

### **Best travel time**

Annapurna Base Camp Trek is best in the fall (September through November) and spring (March through May). During this time, the sky is clear, and the view is excellent. The weather is perfect for hiking without rain. Especially during the spring season, we can also enjoy lush vegetation in the lower regions of the trail.

### **Trekking gear**

It is a short hike in the Annapurna region. You don't need individual gears. We recommend a sleeping bag, trekking boots, pants, socks, a warm jacket, T-shirts (two or three) and a long-sleeved shirt, sunscreen (SPF 20+), backpack, flashlight (flashlight), camera, memory card and battery charger (spare batteries), quick-dry towel, crampons if you do this hike in the spring.